



# Igniting Vibrant Health

## Report 2024-2025



## About IEHP Foundation




Founded by Inland Empire Health Plan (IEHP) in 2021, IEHP Foundation is dedicated to inspiring and igniting Vibrant Health in the Inland Empire - ensuring everyone has the opportunity to reach their highest level of health and well-being regardless of zip code, socioeconomic status, race, gender or background.

## Igniting Vibrant Health in the Inland Empire

To combat health disparities across San Bernardino and Riverside counties, we aim to **build healthy neighborhoods** and **cultivate healthy living** by **strengthening** the capacity of **local community-based organizations** that address the social drivers of health.



### Building Healthy Neighborhoods



-  **Basic Needs** – Access to healthy food and healthcare.
-  **Meaningful Work & Wealth** – Healthcare and social services workforce development.
-  **Humane Housing** – Quality, affordable rental housing and homeownership.

### Cultivating Healthy Living



-  **Increasing Healthy Behaviors** – Creating environments that encourage nutritious diets, exercise and movement and healthy social connections.
-  **Decreasing Risky Behaviors** – Alcohol, tobacco, drug use and risky sexual activity.

# Recap of 2024 Initiatives

## Responding to Community Needs

In 2024, we held dozens of Community Lunches with leaders in San Bernardino and Riverside counties to learn about the challenges and opportunities facing their communities and organizations which was used to inform the Foundation's strategic plan. In nearly every session, the need for investment in infrastructure and capacity building, leadership development and unrestricted funding was clear.



*"Thank you for taking the time to listen to the leaders in your community."*

**Jason Lohr, CEO, SAC Health**

## Bolstering Coalitions & Collaboration

### Collaborative Sponsorships

To strengthen coalition development and shared regional efforts, the Foundation provided sponsorships to strategic collaborative partners that bring organizations and leaders together to collectively address health disparities and advance health equity, which included:

- Inland Empire Community Foundation's Policy & Philanthropy Summit
- Growing Inland Achievement's Toward A Shared Vision Conference
- Reach Out's National Innovative Communities Conference
- UC Riverside's Persist Women's Political Engagement Conference

### Policy & Advocacy Support

IEHP Foundation contributed \$25,000 to Inland Empire Funders Alliance (IEFA), Pooled Fund for Civic Engagement, which awarded \$432,875 in total to 36 nonprofits throughout San Bernardino and Riverside counties ahead of the 2024 election to help increase voter turnout, voter education and the desire of IE communities to vote in local elections.

### In-kind Event Hosting

The Foundation hosted over 20 external events at their offices in Rancho Cucamonga, providing high quality meeting space at no cost to Inland Empire nonprofits for meetings, convenings and events.

# Recap of 2024 Initiatives

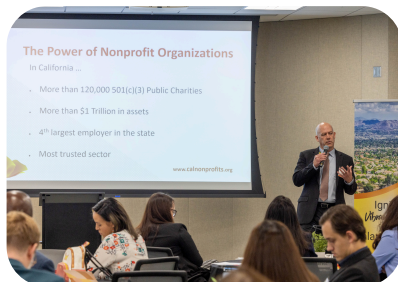
## IE Vibrant Health Forums

Quarterly forums hosted by IEHP Foundation were launched to equip local leaders to leverage and share information on key health topics in the region.

- IEHP Foundation held three IE Vibrant Health Forums in 2024:
  - Unpacking the Governor's May Revision to the California State Budget
  - Strong from the Start: Early Childhood Wellness & Connections to Care
  - Connecting to CalAIM: Improving Well-Being & Whole Person Care through CalAIM & Community Health Workers
- Upcoming forums in 2025 include:
  - Unlocking the Power of Individual Donors
  - Storytelling & Narrative Building for Increased Impact
  - Public Policy & Advocacy for Vibrant Health
  - Mental Health in the IE



90% of post-survey responses indicate that the IE Vibrant Health Forum met or exceeded their expectations.



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*The presentations and information were so valuable. I see the struggle every day, but being able to see the data is just really eye-opening.*

**Aira Tapia, Community Health Systems, Inc.**



# Recap of 2024 Initiatives

## Collaborative Capacity Building Grant

59 Riverside and San Bernardino County nonprofits participated in IEHP Foundation’s inaugural Collaborative Capacity Building Grants program, including a 10-course business management training for nonprofit leaders and a \$5,000 general operating support grant.

### Measuring Our Impact



**Knowledge Gains:** 64.8% increase in familiarity with monitoring & evaluation tools.



**Candid Profile:** Over 50% of participants claimed their Candid profile for the first time, resulting in a 23.3% increase in platinum ratings and 40% increase in Gold ratings.



**Grant Funds** were primarily used for direct program support, staff training and to boost marketing and technology capabilities.



**Stronger Partnerships:** 100% of participants indicated that they felt more familiar with other nonprofit work in the IE, resulting in new partnerships.



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*What I found most beneficial was learning best practices from nonprofit and organizational leaders. While also building a sense of community among other local nonprofit organizations in the region.*

**Joe Anzora, Senior Program Coordinator, Riverside Medical Clinic Charitable Foundation**

# Recap of 2024 Initiatives

## Microgrant Funding

IEHP Foundation awarded **\$200,000** in unrestricted general operating microgrants to **37 local nonprofits** recommended by IEHP Foundation staff and Board of Directors.

- Ranged from \$2,500 to \$10,000 to nonprofits dedicated to advancing Vibrant Health in San Bernardino and Riverside counties.
- Each grantee provides residents of the IE access to services, resources and programs that improve their overall health and well-being.



### Impact

- 81%** used funds to improve program delivery or increase reach of client services.
- 43%** used funds to improve organizational strength through staff training and development.
- 30%** used funds to enhance marketing of programs.

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*The funding directly contributed to the expansion and enhancement of several key programs, infrastructure and operations, allowing us to make an even bigger impact in our community.*

**Dana Hernandez, Founder & CEO Rock'n Our Disabilities Foundation**

# Recap of 2024 Initiatives

## Place-Based Projects

IEHP Foundation began exploration and the launch of investment into community-centric initiatives including the Blue Zones Project in Riverside County and Vibrant Villages in San Bernardino County.

### Blue Zones - Riverside County



BLUE ZONES PROJECT™

➤ A multi-year, place-based initiative in partnership with **Blue Zones Project** designed to make measurable, lasting community changes that improve health outcomes for years to come.

➤ A unique partnership between Inland Empire Health Plan, IEHP Foundation, Kaiser Permanente, Molina Health, Eisenhower Health and Riverside University Health System and Blue Zones to launch a nearly six-year initiative to improve policies and places to help make the healthy choice the easy choice.

➤ Riverside County Blue Zones Projects are taking place in:

- City of Riverside
- Coachella
- Palm Springs
- Mead Valley
- Banning

### Vibrant Villages - San Bernardino County



➤ Exploring the development of a community-led, collective impact model aimed at working alongside existing organizations, city leadership and local leaders in the community to address pressing health challenges.

➤ In 2025, IEHP Foundation plans to launch Vibrant Village pilot projects in two communities and will be inviting community leaders and organizations to join the effort.

# Recap of 2024 Initiatives

## Champions for Vibrant Health Leadership Network

A two-year deep investment in 40 local nonprofit organizations’ leadership, service capacity, and public policy acumen.

- Out of 117 applications, 40 nonprofits – including both an executive and emerging leader – were selected for the 2025-2026 Leadership Network.
- Goal is to increase organizational capacity, collective advocacy and operational funding aimed at increasing physical and mental health across the Inland Empire.
- Selected organizations have a proven track record for supporting families and children in need, providing a wide range of services, including affordable housing, basic needs assistance, behavioral health, education, substance use treatment, youth development and workforce development— all aimed at reducing health disparities across the region.



**40**  
**Organizations**  
serving families &  
children in San  
Bernardino & Riverside  
counties.

**80**  
**Champions**  
including an executive  
& emerging leader.

**\$4.6M**  
**General Operating**  
support grants over  
two-years.





## Champions for Vibrant Health Leadership Network 2025-2026

- A Greater Hope
- Academy for Grassroots Organizations
- Boys & Girls Clubs of Southwest County
- Building Resilient Communities
- Catholic Charities Riverside and San Bernardino Counties
- Cedar House Life Change Center
- Children's Fund, Inc.
- CityLink
- Civil Rights Institute of Inland Southern California
- Community Health Action Network
- El Sol Neighborhood Educational Center
- Family Service Association of Redlands
- Feeding America Riverside and San Bernardino Counties
- FIND Food Bank
- Health Career Connection
- Goodwill Southern California
- Hope through Housing Foundation
- Inland Empire Community Collaborative
- Inland Empire Community Health Initiative
- Inland Southern California United Way
- Inland Housing Solutions
- Lift To Rise
- Martha's Village & Kitchen
- Mary's Mercy Center
- Moses House Ministries
- Neighborhood Partnership Housing Services, Inc.
- Never Stop Grinding Impact
- Operation New Hope
- Pacific Clinics
- Path of Life Ministries
- Providence St. Mary Medical Center
- Rainbow Pride Youth Alliance
- Reach Out West End
- Regional Access Project Foundation
- Riverside Community Health Foundation
- Sahaba Initiative Inc.
- The Mom & Dad Project
- TrueCare
- Visión y Compromiso
- Young Visionaries

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*This opportunity will enhance our ability to collaborate effectively and create lasting, positive impacts for the communities we serve.*

Carolyn Fajardo, CEO of Feeding America  
Riverside| San Bernardino



# 2024 Grantmaking & Strategic Investments

2024 was a year of listening, learning and launching of our Vibrant Health initiatives and funding priorities.



## 300

Partners we actively engaged.

## 138

Grants & sponsorships awarded.

## \$6.5M

Total community investment.  
Including grantmaking, sponsorships and  
Blue Zones investment.

## Looking Ahead: 2025 & Beyond

In 2025, IEHP Foundation will invest in the strength and capacity of local community-based organizations, coalitions, and their leaders to address the social drivers of health that lead to greater physical and mental health across the Inland Empire – focusing on those serving families with children in low-income communities with the poorest health outcomes.

### **Together, we can fulfill our promise to the region.**

We understand that we cannot combat health disparities and improve health outcomes alone. That is why we are dedicated to working alongside nonprofits, community-based organizations, community and civic leaders, local elected and healthcare leaders to ensure that everyone in the Inland Empire has the opportunity to access Vibrant Health for generations to come.



# Stewards of Vibrant Health



## 2025 IEHP Foundation Board of Directors

**Board Chair Karen Scott**  
First 5 San Bernardino Executive Director

**Edward Juhn, MD, MBA, MPH**  
IEHP Chief Quality Officer

**Vice Chair Regina Weatherspoon-Bell**  
Founder DVL Project

**Geoffrey Leung, MD**  
Riverside University Health System

**Secretary Josh Candelaria**  
Viewpoint Advocacy Principal

**Jarrod McNaughton, MBA, FACHE**  
IEHP Chief Executive Officer

**Treasurer Stephen Bennett**  
Caravanserai Project Co-Founder

**Paul Earle**  
CEO Shiloh Medical Center

**Conrado Bárzaga, MD**  
Innercare Vice President, Chief Program Officer

**Andrea Cuellar**  
Share Our Strength, Senior Program Manager

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## IEHP Foundation Staff

**Greg Bradbard**  
Chief Executive Officer

**Sara Omari**  
Strategy Program Administrator

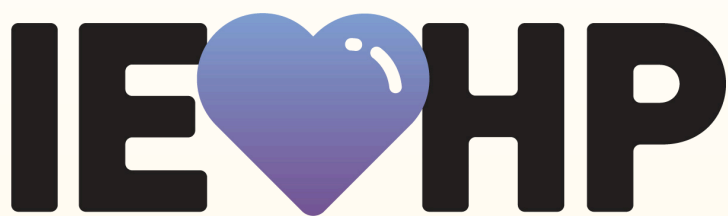
**Edgar Arreola**  
Community Engagement Specialist

**Ayla Reyes**  
Executive Assistant

**Deanna Hendrick**  
Marketing & Communications Manager

**Akunna Chilaka**  
Randall Lewis Health & Policy Fellow

**Steve Ogilvie**  
Accounting Manager



Foundation

*Igniting Vibrant Health in the  
Inland Empire*

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