

IEHP Foundation

Vibrant Health

Impact Report 2025



At IEHP Foundation, we know that healthy living starts long before and extends well beyond a doctor’s visit. That’s why we collaborate with nonprofit organizations and invest in initiatives that strengthen the building blocks for good health. **Because when everyone in the Inland Empire lives a full and vibrant life, our region thrives!**

Igniting Vibrant Health by investing in:

By the end of 2025:



\$17 M

to improving health and wellness in the IE

260

IE based nonprofits have received IEHPF grants

Investing in Vibrant Health By the Numbers



Capacity Building Grants

To help strengthen the operations and effectiveness of IE nonprofits, this year IEHPF provided two capacity building training programs.

22

Fundraising Cohort Graduates

25

Small nonprofit capacity building graduates

\$125k

Awarded in grants

852

Hours of no-cost training



Champions for Vibrant Health Leadership Network

\$4.6M

General Operating support grants over two-years.

80

Champions including executive & emerging leaders.

40

Organizations serving families & children in San Bernardino & Riverside counties.

75

Meetings with legislators part of advocacy trip to Sacramento.



Responsive Grants 2025

Grants ranging from \$5,000-\$25,000 aimed at building organizational strength and systems change efforts to help improve health and wellness across the Inland Empire.

30

Nonprofits funded

\$470k

invested in projects supporting CHWs, mental health care, housing, youth programs and more.

Convening Local Leaders for *Impact*

IEHP Foundation convened leaders from across the Inland Empire to hear from experts and thought leaders on the issues that shape health and strengthen the nonprofit sector, including maximizing individual giving, storytelling for impact, lessons from the Blue Zones and serving on California State boards and commissions.



Investing in Building *Healthier Communities*

To build communities where the healthy choice is the easy choice, IEHP Foundation has collaboratively invested in the Blue Zones Project in Riverside County and launched Vibrant Villages in the cities of Barstow and San Bernardino.

 BLUE ZONES PROJECT \$9M Invested in Blue Zones over two years	VIBRANT VILLAGES \$600,000 Investment in Barstow over three years.
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Building a Stronger *Nonprofit Sector*

Our goal is simple: help trusted local leaders do their work better, reach more people and create lasting change where it's needed most. Through our strategic investments, nonprofits are strengthening their operations and expanding their reach and services.

80 %

of grantees improved or extended quality of their services

68 %

of grantees strengthened policy and advocacy efforts

“Beyond funding, IEHPF’s **belief in our work** has supported us within the sector, helping us attract additional support and build long-term sustainability. We are deeply grateful for the foundation’s partnership and its ongoing commitment to helping us **grow, evolve** and make a **meaningful difference.**”

Bolstering Organizations to Help *Real People*

Cynthia unexpectedly lost her mother and stepped up courageously to care for her adult brother, who has a severe mental disability.

Facing significant challenges, including financial instability, an eviction notice, and the threat of utility shutoff, Cynthia needed guidance to navigate these challenging times.

She found refuge and support through Catholic Charities San Bernardino & Riverside Counties, a nonprofit that has been serving residents in need across the Inland Empire since 1980.

Today, Cynthia and her brother are on their way to living a healthy, thriving life because of one of our Champions for Vibrant Health.



Learn more at iehpfoundation.org